Respect
Others, Self, and Environment by being
Courteous
Kind and
Safe

Week at a Glance

For December 11th to December 13th 2023

Jefferson Elementary School





Brixology Community School

3:20-4:20

SEL Theme for December is Self-Efficacy

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Share your talents with others and Believe in Yourself!

Happy Birthday: Brayden Dressel



Mindfulness Class Visits today and tomorrow! 15 Happy Birthday:

Molly Babjak (16th) Charlotte Moghadam-Niya (16th)

The more we practice, the better we get!

Benefits of Gratitude

- Feel happier
- Sleep betterSick less
- Begin to see problems differently.
- Brain can't be anxious & grateful at the same time.

Gratitude changes our brains.

Have a wonderful Weekend!

Upcoming Events:

- December 11th: Report Cards Released 4pm
- December 12th: Brixology-Community School
- December 14th: Mindfulness Class Visits
- December 14th: TREP\$ Community School
- December 15th: Mindfulness Class Visits
- December 18th: Spirit Day-Dress Like a Snowman!
- December 20th: School-Wide Sing-Along
- December 22nd: Early Dismissal
- December 25th-January 1st: Winter Break
- January 1st: School Re-Opens "Happy New Year"

Keep up-to-date on Events on the JES Website Calander!

In December we Celebrate the Spirit of Family!



What do you and your family do to celebrate the season?